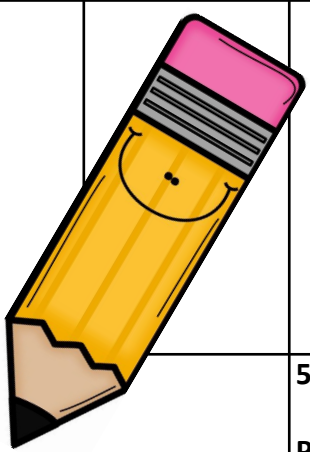


# Southern Public Schools

## Breakfast Menu

September 2023



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 Cereal Fruit Goldfish Crackers	2 <b>SOUTHERN PUBLIC SCHOOLS IS AN EQUAL OPPORTUNIT Y PROVIDER AND EMPLOYER</b>
3	No School	5 Pancake & Sausage on a Stick Juice	6 Breakfast Burrito Juice	7 Poptart Little Smokies Juice	8 Cereal Fruit Crackers	9 <b>MILK IS PROVIDED FOR BREAKFAST EVERYDAY</b>
10	11 Cereal Fruit Crackers	12 Waffle Sausage Patty Juice	13 Blueberry Muffin Sausage Links Juice	14 Cereal Bar Ham Patty Juice	15 Cereal Fruit Crackers	16
17	18 Cereal Fruit Crackers	19 PB & J Sandwich Juice	20 French Toast Sausage Patty Juice	21 Donuts Sausage Links Juice	22 Cereal Fruit Crackers	23
24	25 Cereal Fruit Crackers	26 Sausage Patty Juice	27 Breakfast Pizza Juice	28 Bagel w/ Cream Cheese Ham Patty Juice	29 No School	30

# Southern Public Schools

## Lunch Menu

September 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 Hot Roast Beef Sandwich Mashed Potatoes Pudding Cup	2 <b>SOUTHERN PUBLIC SCHOOLS IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER</b>
3		4 <b>No School</b>	5 Chicken Tenders PB & J Sandwich Tossed Salad	6 Macaroni and Cheese Little Smokies Muffin	7 Calzone Cornbread Tossed Salad	8 Sloppy Joe on Bun Sun Chips Slushy Cups
10	11 Chicken Fried Steak Scalloped Potatoes Tea Roll	12 Hot Dog on Bun Baked Beans Potato Chips	13 Grilled Cheese Sandwich Chicken Noodle Soup Pickle Crackers	14 Mini Corn Dogs Rice w/ Cinnamon Sugar Hash Brown	15 Chicken Nuggets Potato Smiles Frosted Graham Cracker	16
17	18 Raider Rib on Bun Macaroni Salad Choc. Cake	19 Traveling Taco Corn Spanish Rice	20 Raider Pocket Tossed Salad Oreo Cookie	21 Polish Dog on Bun Cheese Potatoes Jell-O W/ Topping	22 Chicken Patty on Bun Brocc & Caulif. w/ Cheese Banana	23
24	25 Crispitos Chili Sauce Green Beans Peanut Butter Cup	26 Ham Patty on Bun Nacho Chips w/ Cheese Coleslaw	27 Raider Burger on Bun Baked Beans Cake w/ Cherry Topping	28 Turkey & Cheese Croissant Sun Chips Teddy Grahams	29 <b>No School</b>	30