

WEIGHT ROOM FACILITY USERS

DUE TO SOME SAFETY CONCERNS AND RECENT ISSUES, HERE ARE A FEW REMINDERS FOR THOSE USING THE SOUTHERN WEIGHT ROOM FACILITIES.

1. ANYONE USING THE FACILITY MUST FILL OUT A FITNESS CENTER USAGE APPLICATION AND AGREEMENT. THIS INCLUDES STUDENTS, UNDER THE AGE OF 19, THAT ARE BEING SUPERVISED BY SOMEONE OTHER THAN A SOUTHERN STAFF MEMBER.
2. THERE SHOULD BE NO CHILDREN UNDER THE AGE OF 12 IN THE FACILITY WITH YOU WHILE YOU ARE WORKING OUT OR ANYONE UNDER THE AGE OF 12 USING ANY OF THE EQUIPMENT.
3. THE GYM IS NOT TO BE USED, ONLY THE WEIGHT ROOM.
4. PLEASE DO NOT ALLOW THOSE, WHO ARE NOT APPROVED TO BE USING THE FACILITY OR FILLED OUT A USAGE APPLICATION, TO COME IN WITH YOU.

**FAILURE TO FOLLOW ALL FACILITY
RULES WILL RESULT IN THE LOSS OF
PRIVILEGE OF USING THE FACILITY.**