

Southern Public Schools

Breakfast Menu

November 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 Yogurt Chex Mix Juice	2 Pancake & Sausage on Stick Fruit	3 Donut Sausage Patty Juice	4 Cereal Crackers Fruit	5 SOUTHERN PUBLIC SCHOOLS IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER
6	7 Cereal Goldfish Crackers Juice	8 Banana Muffin Ham Patty Fruit	9 Omelet Sausage Patty Crackers Juice	10 Breakfast Bar Fruit	11 Cereal Graham Cracker Juice	12 MILK IS PROVIDED FOR BREAKFAST EVERYDAY
13	14 Cereal Goldfish Crackers Fruit	15 Pancake w/ Syrup Sausage Links Juice	16 Pop Tart Sausage Links Juice	17 Egg & Sausage Croissant Fruit	18 Cereal Graham Crackers Fruit	19
20	21 Cereal Granola Bar Juice	22 Cereal Graham Cracker Fruit	23 No School	24 Thanksgiving Day	25 No School	26
27	28 Cereal Goldfish Crackers Juice	29 Waffle Sausage Links Fruit	30 Sausage Gravy over Biscuit Juice			

Southern Public Schools Lunch Menu

November 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 Italian Dunker w/ Cheese Corn Peanut Butter Cup	2 Chicken Fried Steak Baked Potato w/ Toppings Bread	3 Orange Chicken Rice Pilaf Sugar Cookie	4 Sausage Gravy on Biscuit Carrots Frosted Graham Cracker	5 SOUTHERN PUBLIC SCHOOLS IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER
6	7 Popcorn Chicken PB&J Sandwich Green Beans	8 Nacho Supreme Corn Spanish Rice	9 Chicken & Noodle Soup Grilled Cheese Sandwich Crackers Dill Spear	10 BBQ Meatballs Mashed Potatoes Cornbread	11 Chicken & Cheese Quesadilla Refried Beans Granola Bar	12 MILK IS PROVIDED FOR LUNCH EVERYDAY
13	14 Breaded Pork Potatoes Au Gratin Bread Stick	15 Ham Patty on Bun Nacho Chips w/ Cheese Cole Slaw Yellow Cake	16 Thanksgiving Dinner: Hot Turkey Sandwich Mashed Potatoes Tea Roll Pumpkin Dessert	17 Egg Roll Chicken rice Pilaf Peas & Carrots	18 Crispitos Chili Sauce Refried Beans Muffin Squares	19
20	21 Raider Burger on Bun Potato Rounds Choc. Cake	22 Pepp. Pizza Baked Beans Potato Chips Ice Cream Cup	23 No School	24 Thanksgiving Day	25 No School	26
27	28 Mac and Cheese Little Smokies Blueberry Muffin	29 Chicken Tetrazzini Bread Stick Winter Blend w/ Cheese	30 Raider Rib on Bun French Fries Brownie			