My Senior PROM 1 Mile Fun Run or walk on 10/11/14 @ 9:00 AM -starts at Wymore Church of Christ

Name:		
Address:		
Phone:		
Age	Male or F	emale
Shirt size: Small	Medium	Large
>	X-large 2 X	
Youth : Small N	Medium or Large	2

Entry Fees:

With Race Shirt: 1 mile Kids 12 & under \$ 10 if received or postmarked on or before September 30, 2014 \$15 1 Mile adult Run if received or postmarked on or before September 30, 2014

By entering this event, I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this event: ie falls, inclement weather, unknown medical condition etc...Having read this waiver and knowing these facts in consideration of My Senior Prom 1 Mile Run organizers, I waive the release any and all rights and claims for damage against all volunteers, and sponsors for any injuries suffered by me in connection to this event.

	DATE:
Participant	
	DATE:
Parent or Legal Guardian	
Must sign if participant	
ls under 19 y/o	

Awards for Our first place male and female 5 K finisher will be crowned Prom King and Queen immediately following the race and for our younger racers the first little guy and gal to finish the 1 Mile run will be christened Prom Prince and Princess.

Return Forms to:

Lisa K Munstermann 305 West D St Wymore NE 68466 or register online send email to: srprom5kwymore@gmail.com to request registration forms (online registration not avail after 9/30/14)

Brunch will be offered at the church after the race. \$6.00 for adults and \$3.00 under 12 y/o.

We will also have door prizes for all race participants.

Bake Sale will be going on throughout the race.

Sponsors: Kotchulookin Grafix Arbor State Pharmacy Diane's Dresses Maxson's Barber & Beauty Wymore Good Samaritan Wymore Insurance Agency Kent & Pat Esau



ALL PROCEEDS GO TO POST PROM

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Name:	
Address:	
Phone:	
Age	Male or Female
Shirt size: Small	Medium Large
х	-large 2 X
Youth : Medium	n or Large

Entry Fees:

With Race Shirt: \$20 if received or postmarked on or before September 30, 2014 \$25.00 after September 30, 2014

By entering this event, I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this event: ie falls, inclement weather, unknown medical condition etc...Having read this waiver and knowing these facts in consideration of My Senior Prom 5 K Run organizers, I waive the release any and all rights and claims for damage against all volunteers, and sponsors for any injuries suffered by me in connection to this event.

